



# Beacon Park

## Bark rubbing

Activity	Bark rubbing
Recommended year groups	All
Class or group activity?	Either
Key outcomes	<ul style="list-style-type: none"><li>• Learners will use crayons to develop and improve rubbing technique - one of the most widespread, and arguably oldest, printmaking methods. Particular emphasis on pattern and texture.</li><li>• Learners will have opportunity to identify parts of trees.</li><li>• Learners will spend time outside in a (local) natural environment.</li></ul>
Duration	As required
Resources required	<ul style="list-style-type: none"><li>• <b>Waterproof plasters (we advise cuts and grazes are covered)</b></li><li>• Paper (thin paper works best)</li><li>• Wax crayons</li><li>• Some trees!</li></ul>
What time of year?	Any, but avoid wet/damp conditions.
Where in the park?	Anywhere there are trees but the woodland area (Beacon Park map A4-A5) provides a large number of trees within the same area so is useful if needed for a whole class activity and can easily be linked to other activities within the woodland such as hug a tree and scavenger hunts.
What to do	<p><b>We recommend that all open cuts and grazes are covered with waterproof plasters.</b></p> <ol style="list-style-type: none"><li>1. Hold the paper steadily on an area of bark.</li><li>2. Gently rub over the paper with the crayon, trying to keep the paper perfectly still (you may want to use the side of the crayon rather than the end).</li><li>3. <b>Wash hands before eating or drinking anything.</b></li></ol>
Extension activities	<p>You could try these:</p> <ul style="list-style-type: none"><li>• Try with different colour crayons and different trees – bark is remarkably different on different species.</li><li>• Leaves can also make good rubbings – hold them still on a flat, hard surface e.g. tabletop.</li><li>• Use your rubbings to make a bookmark, collage or even use as wrapping paper.</li></ul>

### For more information

Tel: 01543 308867 Email: [parks@lichfielddc.gov.uk](mailto:parks@lichfielddc.gov.uk)

[www.lichfieldhistoricparks.co.uk](http://www.lichfieldhistoricparks.co.uk)



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<b>Risk assessment</b>	See separate document. <b>For guidance only.</b> Teachers are advised to carry out their own risk assessments prior to any activities.
<b>Useful printouts</b>	School visit useful information and map
<b>Notes</b>	Contact <a href="mailto:parks@lichfielddc.gov.uk">parks@lichfielddc.gov.uk</a> for further details.
<b>Related activities</b>	See: <b>Scavenger hunt (KS1 or KS2)</b> <b>Hug a tree (KS1 or KS2)</b> <b>Tree-line bingo (KS1)</b>

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