



# Beacon Park

## Hug a tree

Activity	Hug a tree
Recommended year groups	KS1, KS2.
Class or group activity?	Either
Key outcomes	<ul style="list-style-type: none"> <li>• Learners will spend time outside in a (local) natural environment.</li> <li>• Learners will use the sense of touch to explore and identify tree trunks.</li> </ul>
Duration	Age/class dependent, around 20 minutes
Resources required	<ul style="list-style-type: none"> <li>• <b>Waterproof plasters (we advise cuts and grazes are covered)</b></li> <li>• Blindfolds*</li> <li>• Some trees!</li> </ul> <p>*If you do not want your learners to be blindfolded, closing eyes does work although this is more prone to cheating!</p>
What time of year?	Anytime
Where in the park?	The woodland (Beacon Park map: A4-A5) is a great place for this activity as there are lots of trees within a small area.
What to do	<p><b>We recommend that all open cuts and grazes are covered with waterproof plasters.</b></p> <ol style="list-style-type: none"> <li>1. Blindfold one of your group.</li> <li>2. Carefully lead the blindfolded person to a nearby tree. <b>Remember that they will not be able to see any trip hazards e.g. logs on the floor. Just before they reach the tree, make them put their arms out in front of them – this saves bumped faces!</b></li> <li>3. Let the blindfolded person explore the shape, size and feel of the tree with their hands and by giving it a hug.</li> <li>4. Carefully lead the blindfolded person away from the tree.</li> <li>5. Remove the blindfold and see if they can identify the tree they were touching.</li> <li>6. Repeat with the other members of your group.</li> <li>7. <b>Wash hands before eating or drinking anything.</b></li> </ol>

For more information

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[www.lichfieldhistoricparks.co.uk](http://www.lichfieldhistoricparks.co.uk)



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<b>Extension activities</b>	You could try these: <ul style="list-style-type: none"><li>• Use a guide book to try and work out which trees they have hugged.</li><li>• Link to the level appropriate national curriculum 'plant' programmes of study e.g. plant parts, growth, nutrition and reproduction.</li></ul>
<b>Risk assessment</b>	See separate document. <b>For guidance only.</b> Teachers are advised to carry out their own risk assessments prior to any activities.
<b>Useful printouts</b>	School visit useful information and map
<b>Notes</b>	Contact <a href="mailto:parks@lichfielddc.gov.uk">parks@lichfielddc.gov.uk</a> for further details
<b>Related activities</b>	See: Scavenger hunt (KS1 or KS2) Bark rubbing (KS1 or KS2) Tree-line bingo (KS1)

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